



## Devon Countryside Access Forum

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### ukactive consultation

## Developing a national approach to physical activity for children and young people

Closing date: 1 June 2018

### Summary

<https://ukactivekids.com/>

“ukactive, the UK’s leading not-for-profit health body for the physical activity sector, is working with local and national partners to develop a policy-driven, practical approach to increasing accessibility and providing more opportunities for children and young people to be physically active.”

It wants “to learn from the experience and knowledge of national and local organisations and individuals to create an approach built on what works across the settings, institutions and social environments that children and young people experience.”

“Childhood inactivity is a shared problem and evidence shows the need for changing the way our communities and institutions support children and young people to promote and provide positive physical activity opportunities.”

ukactive is seeking feedback in three areas: organisations and institutions, the physical environment and the social environment.

The Forum could most usefully comment on the physical environment. There is a 500-word limit for each response, with the opportunity to upload supporting documents.

### **Organisations & institutions**

This section looks at how specific organisations and institutions can support children and young people to be more physically active.

To consider:

- Early years settings i.e. nurseries, play centres
- Schools i.e. Primary and Secondary
- Colleges and Universities
- Healthcare
- Community clubs i.e. youth centres, social clubs
- Faith-based and religious organisations

**Part 1: The current offering- Please identify any challenges, barriers and any examples of what is currently working.**

**Part 2: The future offer- Please identify any solutions, unseen barriers, and any changes you think should be made, including areas of investment in the future.**

### **Physical environment**

This section looks at how the physical environment can support children and young people to be more physically active.

To consider:

- Transport and travel
- The built environment i.e. housing, leisure facilities, community centres
- Natural spaces i.e. parks and green spaces

**Part 1: The current offering - Please identify any challenges, barriers and any examples of what is currently working.**

**Part 2: The future offer - Please identify any solutions, unseen barriers, and any changes you think should be made, including areas of investment in the future.**

### **Social environment**

This section looks at how different social environments and social influencers can support children and young people to be more physically active.

To consider the role of:

- Family, carers and guardians
- Social networks
- Teachers and school support staff
- Coaches, Activity professionals and fitness professionals
- Youth and Community workers

**Part 1: The current offering - Please identify any challenges, barriers and any examples of what is currently working.**

**Part 2: The future offer - Please identify any solutions, unseen barriers, and any changes you think should be made, including areas of investment in the future.**